



advanced
DERMATOLOGY

PREPARATION FOR PHOTODYNAMIC THERAPY (PDT)

Bring to your appointment:

- Broad-brimmed hat
- Big sunglasses

Stay out of sunlight for 48 hours after your treatment

This includes driving in the car, as some UV and visible light penetrate through window glass and can continue to activate the medication applied to your face called Levulan (aminolevulinic acid). We will apply a thick paste of sunscreen before you leave, but sunscreen is not 100% protective.

MICRONEEDLING: A TREATMENT OPTION TO ACCELERATE TREATMENT RESULTS

Microneedling means using a roller with tiny needles to create superficial channels allowing penetration of medicine into the skin. There is little discomfort and usually no pain with microneedling. Microneedling makes the treatment more effective, but it can also add discomfort and increase the peeling duration post procedure. ***The Microneedle portion is NOT COVERED BY INSURANCE and there is an extra charge of \$60.*** It is not required to add microneedling to your treatment, but we do recommend it as you will probably need 2 treatments to get the same results as you would with one treatment.

To increase your healing recovery time and make you more comfortable, skinfo® Specialty Skincare Boutique offers a post care procedure skincare bundle called the PDT Kit.

You can purchase this kit at the Lincolnshire or Glencoe location.

In addition, you should do the following daily to PREVENT getting more AK (Actinic Keratoses) and skin cancer.

- Use sunscreen daily of SPF 30-55, with at least 5% zinc oxide
- Use an antioxidant daily under your moisturizer (like Revision 30% Vitamin C, skinfo® C Synergy Serum or Skinceuticals C and E Ferulic)
- Use Priori DNA Repair Cream nightly

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